Planning for Competition 2027 Season
Boys Level 3 through Level 10
(competing USAG)

Competition Season

The competition season for boys runs from December through May. They must be registered with USA Gymnastics to compete.

PARENTS MUST ALSO REGISTER THEIR GYMNAST WITH USA GYMNASTICS BY AUGUST 14 FOR THE 8/1/26-7/31/27 SEASON.

(Florida Flips cannot do this)

They cannot, however, be registered or entered into any competition until the competition fees are paid. We have to begin paying meet entry fees in early October.

Team Uniform Orders

Boys will be sized for team uniforms in early October. Team uniforms must be paid for by the end of October.

Optional Items

Team warm-up jackets can be ordered. They are embroidered on the back and front left chest with the Florida Flips logo. Sizing for warm-ups will be done at the same time as the sizing for competition uniforms.

A **team backpack** with the boy's name embroidered on it is also available. Backpacks can be ordered at any time.

Estimated Competition Fees*

Level 3-4	$ 730
Level 5+	$ 910

ALL COMPETITION FEES ARE DUE BY OCTOBER 2ND.

This will allow Florida Flips to get the boys entered into all the spring meets before they fill up or the entry deadline passes.

Late entries, IF ACCEPTED by the meet director, are charged a late entry fee.

Team Uniform Prices*

Pants	$ 35
Shorts	$ 20
Jersey	$ 25
Backpack (optional)	$ 45
Warm-up jacket (optional)	$ 100

All team uniform items must be paid for prior to ordering.

*Fees and Prices
Actual fees and prices may vary slightly due to factors beyond our control.

If you competed in 2026

Be sure to try on your team uniform and warm-up before the first week of October.

Competition Calendar

A competition calendar will be distributed by October (2026). This calendar shows the weekends and locations where competition meets are scheduled to occur. It does not show the day or time that an individual gymnast needs to be at the event.

This competition calendar will be distributed to each boy on the competition roster. It will be sent by email and a printed copy will be posted on the bulletin board in the waiting room and on our web site.

Floridaflips.net

Meet Schedule

Approximately one week before the competition, detailed information is received from the Meet Director. That information tells us the precise time each gymnast will participate in the mee. A competition session usually lasts around 3 hours from start to finish. This detailed Meet Schedule will be distributed by email and/or text and a printed copy will be posted on the bulletin board in the waiting room and on our website.

Meet Preparation

If you want your grips or wrist supports, take them home the last day of practice before the meet.

Day before the meet

- ☐ Lay out your team competition uniform
  - Jersey
  - Shorts
  - Pants
  - Socks
  - Warm-ups, if you have one
- ☐ Get your backpack or gym bag ready to go with the following items
  - Water bottle
  - Grips, wrist supports
  - Snacks
- ☐ Eat a healthy meal
- ☐ Get a good night's sleep

Day of the meet

- ☐ Wake up with a positive attitude
- ☐ Get dressed in your competition uniform.
- ☐ Double check your backpack or gym bag
- ☐ Fill your water bottle or grab a pre-filled bottle, room temperature (don't drink too much)
- ☐ Have a nutritional meal a couple of hours before competition. If you compete early and don't have time for a full nutritional breakfast, be sure to eat light and include protein in your meal
- ☐ Have a GREAT meet!